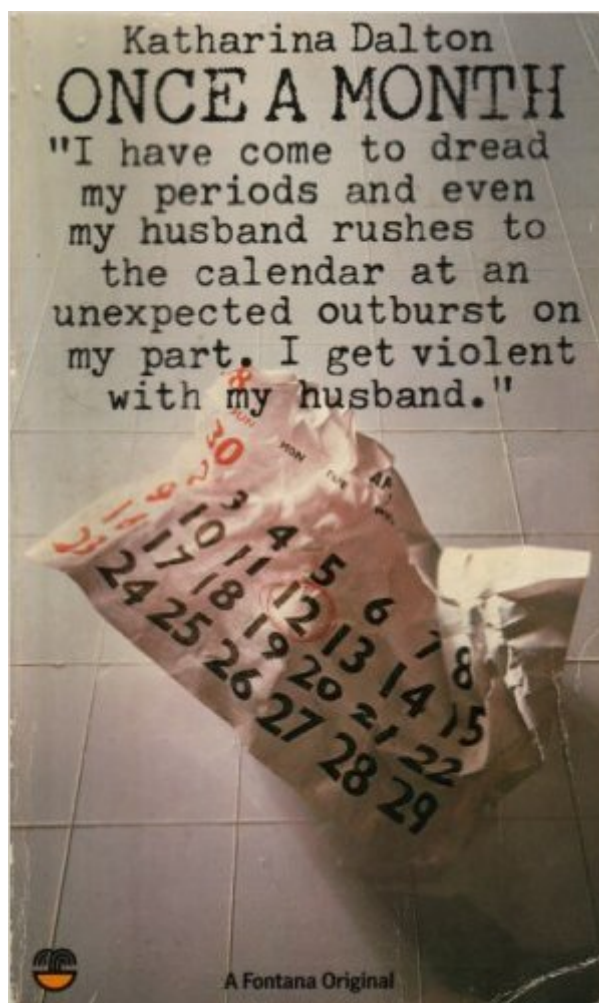


The book was found

# Once A Month: Menstrual Syndrome, Its Causes And Consequences



## Synopsis

Over 50 per cent of women suffer from premenstrual tension and many others are indirectly affected by this suffering - including husbands, children, colleagues, workmates and friends. This book attempts to provide an understandable account of menstrual difficulties, its causes and treatment. This is the fifth edition of this book which has been expanded to take account of the latest developments in the treatment of premenstrual syndrome, and includes a new chapter on men and their role in helping women cope. This text refers to the Paperback edition.

## Book Information

Paperback: 224 pages

Publisher: Fontana (1978)

Language: English

ISBN-10: 0006353665

ISBN-13: 978-0006353669

Product Dimensions: 6.9 x 4.2 x 0.7 inches

Shipping Weight: 6.4 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #16,186,229 in Books (See Top 100 in Books) #92 in Books > Health, Fitness & Dieting > Women's Health > Menstruation #969193 in Books > Romance

[Download to continue reading...](#)

Once a Month: Menstrual Syndrome, Its Causes and Consequences Middle Class Meltdown in America: Causes, Consequences, and Remedies The Dollar Crisis: Causes, Consequences, Cures Menstrual Cramps Self Help Book: Effective Solutions for Pain and Discomfort Due to Menstrual Cramps and PMS Dr. Susan M. Lark's The Menstrual Cramps Self Help Book: Effective Solutions for Pain & Discomfort Due to Menstrual Cramps & PMS Month-by-Month Trait-Based Writing Instruction: Ready-to-Use Lessons and Strategies for Weaving Morning Messages, Read-Alouds, Mentor Texts, and More ... Writing Program (Month-By-Month (Scholastic)) The Pain Relief Breakthrough: The Power of Magnets to Relieve Backaches, Arthritis, Menstrual Cramps, Carpal Tunnel Syndrome, Sports Injuries, and More Menstrual Syndrome and Progesterone Therapy Pre-Menstrual Syndrome PMS: Pre-Menstrual Syndrome Pre-Menstrual Syndrome: Subliminal Persuasion/Self-Hypnosis Adrenal Fatigue: Overcome Adrenal Fatigue Syndrome With The Adrenal Reset Diet. How To Reduce Stress, Anxiety And Boost Energy Levels And Overcome Adrenal Fatigue Syndrome The Vitamin Cure for Chronic Fatigue Syndrome: How to Prevent and Treat

Chronic Fatigue Syndrome Using Safe and Effective Natural Therapies Early Communication Skills for Children with Down Syndrome: A Guide for Parents and Professionals (Topics in Down Syndrome) Asperger Syndrome Explained: How to Understand and Communicate When Someone You Love Has Asperger's Syndrome Explaining 'Unexplained Illnesses': Disease Paradigm for Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, Post-Traumatic Stress Disorder, and Gulf War Syndrome Joint Hypermobility Handbook- A Guide for the Issues & Management of Ehlers-Danlos Syndrome Hypermobility Type and the Hypermobility Syndrome Autism: 44 Ways to Understanding- Aspergers Syndrome, ADHD, ADD, and Special Needs (Autism, Aspergers Syndrome, ADHD, ADD, Special Needs, Communication, Relationships) What Happened to Goldman Sachs: An Insider's Story of Organizational Drift and Its Unintended Consequences Once (Once Series)

[Dmca](#)